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ABSTRACT OF THE DISCLOSURE

A method for selecting and activating a particular menu displayed in a client's region of a monitor screen by use of an image cognition is disclosed.

5 Using an image-capturing device such as a camera attached to a system, a user's image is recognized at real time and displayed on an initial screen of a monitor.

The user makes a direct hand motion while viewing his own image displayed on the initial screen, and when a desired menu icon is designated among a variety of menu icons arrayed on the initial screen, the system guides the user's hand
10 image to the corresponding menu icon for its selection. When the user makes a particular body motion to activate the selected menu, the system recognizes the motion for thereby activating the selected menu.(FIG.2)